

Rutgers University, Department of Psychology
Emotion

PROFESSOR

	Office Hours	Office	Phone	Email/Web
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REQUIRED READING

You are responsible to read all of the required chapters and articles **before** the start of every class. There will be three required readings that will each have a theoretical focus. The field of emotion is filled with a large number of widely disparate theories about emotional development, emotional experience, its expression, and regulation, and the focus of the assigned readings will be on the various theoretical perspectives dominating the field. Further, an assigned discussion leader for each week will be required to present three additional readings of his/her choice that have an empirical focus, providing support for or against the theoretical perspectives in the required readings. The individual articles are listed below, and will all be posted on Blackboard. Although there is no textbook, many of the readings come from *The Handbook of Emotions, 3rd Edition*, edited by Michael Lewis, Jeannette M. Haviland-Jones, and Lisa Feldman Barrett.

BLACKBOARD

The syllabus is available on blackboard. It is subject to change, and I may post revised versions periodically. Course announcements and grades will be posted on blackboard. You are responsible for making sure that the email address on Blackboard and in the Rutgers online directory is a current address where I can actually reach you.

ATTENDANCE AT LECTURES

Class attendance is mandatory. For every class period and preschool appointment missed, ½ letter grade will be deducted from your final grade (5 percentage points).

COURSE OBJECTIVES

- You will learn the major issues surrounding a centuries-old debate on what an emotion is, and understand the strength and scope of several major emotion theories. You will see that no single theory provides the whole story and competing theories provide different explanations for the same phenomena.
- You will learn some of the ways that psychologists operationalize emotion in empirical research. You will become versed in various emotional methodologies and be able to think about emotional behavior using the tools of the trade.
- You will learn how emotion is related to other social and cognitive capacities, and you will be able to discuss the implications of various emotion theories on the expression and production of emotion over the lifespan.
- Perhaps most important, you will be able to describe research questions in your respective fields from the perspective of an emotion researcher. Many researchers have suggested that emotional states and traits affect all aspects of psychology throughout the lifespan, and is not limited to research in any particular domain.

REQUIREMENTS & EVALUATION

Your grades will be based on a combination of class participation, effectiveness in leading discussion, weekly responses to the required reading, and a final paper.

Class Participation – 10%

Since there are no tests, class participation will be weighted heavily. All students are encouraged to participate fully in discussion through comments, questions, and contributions from personal experience. Thoughtful involvement in every aspect of the class enhances the educational experience of the entire class. Please also be mindful that your classmates need a chance to be heard, too.

Weekly Response Posts – 15%

You are required to write a 1-paragraph response to the readings for the week and post them on the Discussion Forum on Blackboard. Posts are due the morning of class by 9am so that everyone has time to read them before the beginning of class.

Leading Class Discussion – 25%

All students will be required to lead class discussion 1-2 times during the semester. This means you will have to do a formal summary of each required reading using PowerPoint (or the equivalent) at the beginning of your assigned class. Further, you will be required to read and present three additional **empirical** articles that provide support for or against the theoretical perspective in each of the three required readings. Be concise—your formal summaries should not exceed **a maximum of 3 slides per article**. After presenting the three required readings and three additional empirical articles, you will then lead the discussion for the remainder of the class period. You will have access to the weekly response posts to help you steer the discussion. On Blackboard under Class Documents, there will be a folder for each week containing the assigned readings. The discussion leader should post their formal presentation for class and the three additional empirical articles in that folder by 9am the morning of class.

Final Paper – 50%

The final paper for the class will require you to describe one or more original studies with an emotional focus. Studies that have an emotional focus do not necessarily require that you change your own research focus—they should just highlight the effects of emotional states/traits within the domain that you choose to study. Remember that emotion can affect every domain of psychology, so you can propose studies that are within your area of interest/expertise, as long as they have an emotional focus. You will be required to submit an abstract before the final paper is due so that I can approve it. The paper will follow standard APA format with a cover page, an abstract, an introduction outlining previous research, a methods section describing the proposed methods for your experiments, a results section describing analyses and predicted results, and a general discussion laying out the implications of your proposed findings.

No Make-Up Assignments

There are absolutely no make-ups. Late assignments will not be graded.

No Cheating

Students who cheat will receive a 0, and I will alert the department chair. Students are expected to do their own work at all times. This course adheres strictly to the University policy on academic integrity.

COURSE OVERVIEW

Part 1: Theories of Emotion

Part 2: Development and Measurement of Emotion

Part 3: The Socialization of Emotion

LECTURE TOPICS & READINGS

<p>(1) Date Presenter: Vanessa</p>	<p>INTRODUCTION <i>Overview of Syllabus and Class Policies</i></p>
<p>(2) Date Presenter:</p>	<p>PART 1 – Theories of Emotion <i>Basic Emotions - Entity Theories: Are there basic emotions?</i></p> <p>Ekman, P. & Cordaro, D. (2011). What is meant by calling emotions basic. <i>Emotion Review</i>, 3, 364-370.</p> <p>Izard, C. E. (2007). Basic emotions, natural kinds, emotion schemas, and a new paradigm. <i>Perspectives on Psychological Science</i>, 2, 260-280.</p> <p>Ortony, A. & T. J. Turner (1990). What's basic about basic emotions? <i>Psychological Review</i>, 97, 315-331.</p>
<p>(3) Date Presenter:</p>	<p>PART 1 – Theories of Emotion <i>The Role of Cognition - Appraisal Theories of Emotion: Are there cognitive prerequisites for emotion?</i></p> <p>Clore, G. L., & Ortony, A. (2008). Appraisal theories: How cognition shapes affect into emotion. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions, 3rd Edition</i>. New York: Guilford Press.</p> <p>Lazarus (1984). On the primacy of cognition. <i>American Psychologist</i>, 39, 124-129.</p> <p>Zajonc (1980). Feeling and thinking: Preferences need no inferences. <i>American Psychologist</i>, 35, 151-175.</p>
<p>(4) Date Presenter:</p>	<p>PART 1 – Theories of Emotion <i>Emergent Theories of Emotion: Are individual emotions categorical?</i></p> <p>Barrett, L. F. (2006). Solving the emotion paradox: Categorization and the experience of emotion. <i>Personality and Social Psychology Review</i>, 10, 20-46.</p> <p>Coan, J. A. (2010). Emergent ghosts of the emotion machine. <i>Emotion Review</i>, 2, 274-285.</p> <p>Cunningham, W. A., Dunfield, K. A., & Stillman, P. E. (2013). Emotional states from affective dynamics. <i>Emotion Review</i>, 5, 344-355.</p>
<p>(5) Date Presenter:</p>	<p>PART 1 – Theories of Emotion <i>Evolutionary and Functionalist Perspectives: What is the function of emotion? Is there evidence for universals in emotion?</i></p> <p>Keltner, D., & Gross, J. J. (1999). Functional accounts of emotion.</p>

	<p><i>Cognition and Emotion</i>, 13(5), 467-480.</p> <p>Nesse & Ellsworth (2009). Evolution, emotions, and emotional disorders. <i>American Psychologist</i>, 64, 129-139.</p> <p>Tooby, J., & Cosmides, L. (2008). The Evolutionary Psychology of the Emotions and Their Relationship to Internal Regulatory Variables. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions</i>, 3rd Edition. New York: Guilford Press.</p>
(6) Date Presenter:	<p>PART 2 – Development and Measurement of Emotion <i>Measurement and Physiology: Is there emotion-specific physiology?</i></p> <p>Mauss, I. B. & Robinson, M. D. (2009). Measures of emotion: A review. <i>Cognition and Emotion</i>, 23, 209-237.</p> <p>Larsen, J. T., Berntson, G. G., Poehlmann, K. M., Ito, T. A., & Cacioppo, J. T. (2008). The Psychophysiology of Emotion. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions</i>, 3rd Edition. New York: Guilford Press.</p> <p>Levenson (2003). Blood, sweat, and fears: The autonomic architecture of emotion. <i>Annals of the New York Academy of Sciences</i>, 1000, 348-366.</p>
(7) Date Presenter:	<p>PART 2 – Development and Measurement of Emotion <i>Neuroscience of Emotion: Is there emotion-specific brain activity or neural circuits?</i></p> <p>Lang, P. J. & Bradley, M. M. (2010). Emotion and the motivational brain. <i>Biological Psychology</i>, 84, 437-450.</p> <p>LeDoux, J. (2012). Rethinking the emotional brain. <i>Neuron</i>, 23, 653-676.</p> <p>LeDoux, J., & Phelps, E. A. (2008). Emotional Networks in the Brain. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions</i>, 3rd Edition. New York: Guilford Press.</p>
(8) Date Presenter:	<p>PART 2 – Development and Measurement of Emotion <i>Emotional Development: What develops in emotional development?</i></p> <p>Camras, L. A., & Fatani, S. S. (2008). The Development of Facial Expressions: Current Perspectives on Infant Emotions. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions</i>, 3rd Edition. New York: Guilford Press.</p> <p>Harris, P. (2008). Children's Understanding of Emotion. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions</i>, 3rd Edition. New York: Guilford Press.</p>

	<p>Lewis, M. (2008). The Emergence of Human Emotions. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions, 3rd Edition</i>. New York: Guilford Press.</p>
<p>(9) Date Presenter:</p>	<p>Part 2 – Development and Measurement of Emotion <i>Emotion and Attention: How might perceptual biases affect emotion?</i></p> <p>Lang, P. J. (1995). The emotion probe: Studies of motivation and attention. <i>American Psychologist, 50</i>, 372-385.</p> <p>LoBue, V., & Rakison, D. (2013). What we fear most: A developmental advantage for threat-relevant stimuli. <i>Developmental Review, 33</i>, 285-303.</p> <p>Vuilleumier, P. (2005). How brains beware: Neural mechanisms of emotional attention. <i>Trends in Cognitive Sciences, 9</i>, 585-594.</p>
<p>(10) Date Presenter:</p>	<p>PART 2 – Development and Measurement of Emotion <i>Unconscious Emotional Elicitation: Can emotions be non-conscious?</i></p> <p>Clore, G. L. (1994). Why emotions are never unconscious. In P. Ekman & R. J. Davidson (Eds.), <i>The nature of emotions: Fundamental questions</i> (pp. 285–290). New York: Oxford University Press.</p> <p>Öhman, A., Flykt, A., & Lundqvist, D. (2000). Unconscious emotion: Evolutionary perspectives, psychophysiological data and neuropsychological mechanisms. In R. D. Lane & L. Nadel (Eds.), <i>Cognitive neuroscience of emotion</i> (pp. 296–327). New York: Oxford University Press.</p> <p>Scherer, K.R. (2005). Unconscious processing in emotion: The bulk of the iceberg. In L.F. Barrett, P.M. Niedenthal, & P. Winkielman (Eds.), <i>Emotion and consciousness</i> (pp. 312–334). New York: Guilford.</p>
<p>(11) Date Presenter:</p>	<p>PART 2 – Development and Measurement of Emotion <i>Emotion in Non-Human Animals: Do non-human animals have emotions?</i></p> <p>De Waal, F. B. M. (2008). Putting the altruism back into altruism: The evolution of empathy. <i>Annual Review of Psychology, 59</i>, 279-300.</p> <p>Panksepp, J. (2008). The Affective Brain and Core Consciousness: 47 How Does Neural Activity Generate Emotional Feelings? In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions, 3rd Edition</i>. New York: Guilford Press.</p> <p>Phelps, E. A., & DeDoux, J. E. (2005). Contributions of the amygdala to emotion processing: From animal models to human behavior. <i>Neuron, 48</i>, 175-187.</p>

<p>(12) Date Presenter:</p>	<p>PART 3 – The Socialization of Emotion <i>Subjective Experience and Emotion Regulation: Can we control our emotions? What influences the subjective experience of emotion?</i></p> <p>Coan, J. (2011). The social regulation of emotion. In J. Decety & J. T. Cacioppo (Eds). <i>Handbook of Social Neuroscience</i>. New York: Oxford University Press.</p> <p>Cole, P. M., Martin, S. E., & Dennis, T. A. (2004). Emotion regulation as a scientific construct: Methodological challenges and directions for child development research. <i>Child Development</i>, 75, 317-333.</p> <p>Gross, J. J. (2008). Emotion regulation. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions, 3rd Edition</i>. New York: Guilford Press.</p>
<p>(13) Date Presenter:</p>	<p>PART 3 – The Socialization of Emotion ABSTRACT FOR FINAL PAPER DUE <i>Emotion and Decision-Making: How do emotions affect our decision-making?</i></p> <p>Isen (2008). Some ways in which positive affect influences decision making and problem solving. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions, 3rd Edition</i>. New York: Guilford Press.</p> <p>Loewenstein, G., & Lerner, J. (2003). The role of emotion in decision-making. In R. J. Davidson, H. H. Goldsmith, & K. R. Scherer (Eds.), <i>The handbook of affective science</i>. Oxford, England: Oxford University Press.</p> <p>Martin, L.N., & Delgado, M.R. (2011). The neural basis of negative and positive emotion regulation: Implications for decision-making. In M.R. Delgado, E.A. Phelps, & T.W. Robbins (Eds.), <i>Decision Making, Affect, and Learning: Attention and Performance XXIII</i> (pp. 311-327). New York: Oxford University Press.</p>
<p>(14) Date Presenter:</p>	<p>PART 3 – The Socialization of Emotion <i>The Self-Conscious and Moral Emotions: Can emotions influence morality?</i></p> <p>Haidt, J. (2003). The moral emotions. In R. J. Davidson, K. R. Scherer, & H. H. Goldsmith (Eds.), <i>Handbook of affective sciences</i> (pp. 852-870). Oxford: Oxford University Press.</p> <p>Lewis, M. (2008). Self-Conscious Emotions: Embarrassment, Pride, Shame, and Guilt. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions, 3rd Edition</i>. New York: Guilford Press.</p> <p>Tangney, J. P., Stuewig, J., & Mashek, D. J. (2007). Moral emotions and</p>

	moral behavior. <i>Annual Review of Psychology</i> , 58, 345-372.
(15) Date Presenter:	<p>PART 3 – The Socialization of Emotion <i>Emotion as a Trait: How do individuals differ in emotion-related activity?</i> FINAL PAPERS DUE</p> <p>Bates, J. E., Goodnight, J. A., & Fite, J. E. (2008). Temperament and emotion. In Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). <i>Handbook of Emotions, 3rd Edition</i>. New York: Guilford Press.</p> <p>Kagan, J. (2010). Emotions and temperament. In Bornstein M. H. (Ed). <i>Handbook of cultural developmental science</i>. New York: Psychology Press.</p> <p>Lazarus, R. (1994). The stable and the unstable in emotion. In P. Ekman & R. J. Davidson (Eds), <i>The Nature of Emotion: Fundamental Questions</i>, (pp. 79-85). Oxford: New York.</p>